



THE ART OF STARTING OVER

PURPOSE OF THE GROUP:

Groups are essential to finding authentic community and spiritual growth. A group is where you are “known” and you grow. It’s as simple as ABC: Accountability, Belonging and Care.

YOUR PERSONAL ROLE:

Listen to the weekend message (at church or online). Show up consistently for group meetings. Be authentic while in the group meeting. *CONSISTENCY + AUTHENTICITY = COMMUNITY* (What we are all longing for)

CHECKING IN QUESTION:

Have you ever had someone come and just do what it took to repair their relationship with you? What did you learn from them?

Big Idea: Repairing broken relationships is not intuitive or natural, but it is essential. While our natural response doesn’t work, Jesus calls us to take a different approach—one of humility, initiative, and removing obstacles to reconciliation. Though we can't force reconciliation, we can take responsibility for our part by pursuing peace, creating space for healing, and ensuring we have no regrets in our relationships.

LET'S TALK ABOUT IT:

1. **The C4 Approach to Relationship Repair** is common but ineffective. Convincing, Convicting, Coercing, and Controlling. Which of these four relational tools do you reach for first when conflict arises? How does it impact the relationship?
2. The weekend message emphasizes that the goal isn't necessarily reconciliation (which we can't control) but having **no regrets** by doing everything we can to open the door for it. How does that shift your perspective on a difficult relationship in your life?
3. Read Philippians 2:5 ([Click to Read](#)). How does Jesus' approach to reconciliation challenge or inspire you to handle conflict differently?
4. Jesus didn't wait for people to come to Him—He moved toward the broken. In what practical way can you take a step toward reconciliation with someone this week, even if it's uncomfortable?
5. Forgiveness can happen from a distance, but reconciliation requires proximity and action. Why do you think we're often content to stop at forgiveness without pursuing reconciliation?
6. If you are estranged from a friend or family member, what's stopping you from taking steps to repair it? Share with your group when you will take toward what is broken.

HOW CAN THE GROUP PRAY FOR YOU THIS WEEK?